Monitoring Your Child
Pay attention to his or her speech, language, and hearing development.

Quality Involvement
Engage your child in meaningful speech and language activities.

Increasing Communication
Surround your child with spoken language from an early age.

Early Intervention
Seek guidance and support from professionals as soon as necessary.

To help your child achieve speech and language goals, consider:

To find a pediatric audiologist near you, please visit one of the links below:

http://webportal.audiology.org/Custom/FindAnAudiologist.aspx

http://www.asha.org/profind/

Goals for Success

Speech and Language Development

Scan here with your mobile device to learn more!
**Language**

Language is a set of shared rules that allows people to convey their ideas. It can be expressed in a variety of ways, including:

- Braille
- Writing
- Eye Blinking
- Language
- Mouth Movements
- Signing
- Verbal Speech

**Speech**

Speech is the production of recognizable sounds that make up language through precise movements of the mouth and face. Speech is one of many ways to express language.

**Typical Communication Milestones**

Tracking speech and language milestones can help ensure your child is developing appropriately.

<table>
<thead>
<tr>
<th>Age</th>
<th>Milestone</th>
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<tbody>
<tr>
<td>Birth to 3 months:</td>
<td>Reacts to loud noises and recognizes voices</td>
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<tr>
<td>4 to 6 months:</td>
<td>Laughs, gurgles, and looks to locate sounds</td>
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<tr>
<td>7 months to 1 year:</td>
<td>Babbles to communicate and says first words</td>
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<tr>
<td>1 to 2 years:</td>
<td>Understands simple instructions and uses one to two word phrases</td>
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<tr>
<td>2 to 3 years:</td>
<td>Uses two to three word phrases and names objects</td>
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<tr>
<td>3 to 5 years:</td>
<td>Speaks easily and uses increasingly complex sentences</td>
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</tbody>
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**Literacy**

Literacy is the ability to read and write. Children begin developing the foundations for literacy at birth.

- You can enhance language learning while reading with your child by:
  - Introducing new words
  - Pausing to look at and describe the pictures
  - Making predictions about the story

**Undiagnosed hearing loss** may cause speech and language difficulties. However, not all children with speech and language disorders will have accompanying hearing loss.

Adapted from: National Institutes of Health (2015). Your Baby's Hearing and Communicative Development Checklist